S.Y.B.Com (Accounting and Finance) 2025-26

Code	Semester III subjects	Credit	Code	Semester IV subjects	Credit
Major1 BFF301	Financial Accounting -III	4	Major 1 BFF401	Financial Accounting - IV	4
Major 2 BFC302	Cost Accounting		Major 2 BFA402	Advance cost Accounting	
Minor BFM303	Financial Market	4	Minor BFC403	Commodity and Derivative Market	4
Open Elective BFB304 BFD304	Consumer Behavior Data analysis with Excel.	2	Open Elective BFW404 BFE404	Web Technology E Commerce and Digital Marketing	2
VSC BFS305 BFB305	Fundamentals of Stock market Basics of Financial literacy	2	SEC BFP405 BFT405	Portfolio management Product and TQM	2
AEC BFH306/ BFM306	HINDI-1/MARATHI-1	2	AEC BFH406/ BFM406	HINDI-2/MARATHI-2	2
FP BFFP307	FP	2	CEP BFCP407	СЕР	2
CC BFN308/ BFY308	CC:NSS/Yoga/sports/cultural	2	CC BFN408/ BFY408	CC:NSS/Yoga/sports/cultural	2
		22			22

Programme Name: B.Com. (Accounting & Fin	nance) Semester: III		
Course Category: Major			
Name of the Dept: Accounting & Finance			
Course Title: Financial Accounting-III			
Course Code: BFF301	Course Level:5		
Course Credit: 4 credit			
Hours Allotted :60 Hours			
Marks Allotted : 100			
Course Objectives: (CO)			
CO1: To Understand the legal aspects of partners			
CO2: To Analyse accounting practice prevailing in	the areas Piecemeal Distribution of Cash on		
dissolution of firm.			
CO3: To understand and use the concepts of Amalg	amation of Firms & classify Profit Prior to		
Incorporation on appropriate basis.			
CO4: To analyze Conversion / Sale of a Partnership F	- ·		
CO5; To understand the concepts to convert foreign	n currency into Indian currency relating to foreign		
branches and Transactions of Foreign Currency.			
Course Outcomes.(OC)			
OC1 The learners will be able to state and tabula			
Accounts of Partnership firm on Adjustment of Ad	mission or Retirement / Death of a Partner during		
the Year.	nting prostice provsiling in the gross Discomosl		
OC2: The learners will be able to review accound Distribution of Cash on dissolution of firm	nung practice prevaning in the areas Piecemean		
OC3: The learners will be able to apply the concept	ts of Amalgamation of Firms and classify		
Profit Prior to Incorporation on appropriate basis.	is of Annulgunation of Thins and classify		
	rsion / Sale of a Partnership Firm into a Limited		
Company	1		
	ples and concepts to convert foreign currency into		
Indian currency relating to foreign branches and Tr	ansactions of Foreign Currency.		
Description the course:	Introduction to accounting, Recording financial		
(Including but not limited to)	transactions, financial statement, Revenue		
Financial accounting is a fundamental aspect of	recognition de empenses medisarement etc. It		
business operations, providing a structured	Play a crucial role in shaping the skills and		
framework for recording, summarizing, and			
presenting financial information. This course aims	accounting, finance, and business		
to equip students with the knowledge and skills			
necessary to analyze, interpret, and communicate			
financial data in accordance with generally			
accepted accounting principles .			
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Unit No.	Content	Hours
I	Partnership Final Accounts based on Adjustment of Admission or Retirement/Death of a Partner during the Year a) Simple final accounts questions to demonstrate the effect on final Accounts when a partner is admitted during the year or when partner Retires/dies during the year or when partner b) Allocation of gross profit prior to and after admission / retirement / death when stock on the date of admission / retirement is not given and apportionment of other expenses based on time / Sales / other given basis c) Ascertainment of gross profit prior to and after admission / retirement / death when stock on the date of admission / retirement is given and apportionment of other expenses based on time / Sales / other given basis d) Excluding Questions where admission / retirement / death takes place in	
Π	the same year. Piecemeal Distribution of Cash a) Excess Capital Method only b) Asset taken over by a Partner c) Treatment of past profits or past losses in the Balance sheet d) Contingent liabilities / Realization expenses / amount kept aside for expenses and adjustment of actual e) Treatment of secured liabilities f) Treatment of Preferential Liabilities like Govt. dues / labour dues etc. g) Excluding: Insolvency of Partner and Maximum Loss Method.	12
III	 Amalgamation of Firms a) Realization method only b) Calculation of purchase consideration c) Journal/ledger accounts of old firms d) Preparing Balance sheet of new firm e) Adjustment of goodwill in the new firm f) Realignment of capitals in the new firm by current accounts / cash or a combination thereof g) Excluding : Common transactions between the amalgamating firms. 	12
IV	 Conversion / Sale of a Partnership Firm into a Ltd. Company a) Realisation method only b) Calculation of New Purchase consideration, Journal / Ledger Accounts of old firms. c) Preparing Balance Sheet of new company 	12
V	Accounting of Transactions of Foreign Currency a) In relation to purchase and sale of goods, services and assets and loan and credit transactions. b) Computation and treatment of exchange rate differences	12
	Total Hours	60

- Introduction to Accountancy by T. S. Grewal
- Advance Accounts by Shukla & Grewal
- Advance Accountancy by R. L. Gupta and M Radhaswamy
- Modern Accountancy by Mukherjee and Hanif
- Financial Accounting by Lesile Chandwichk
- Financial Accounting for Management by Dr. Dinesh Harsalekar
- Financial Accounting by P. C. Tulsian
- Accounting Principles by Anthony, R.N. and Reece J.S.
- Financial Accounting by Gupta and Radhaswamy M
- Financial Accounting by Monga, J.R. Ahuja, Girish and Shehgal Asho

Programme Name: B.Com. (Accounting & Fir	nance) Semester: III		
Course Category: Major			
Name of the Dept: Accounting & Finance			
Course Title: Cost Accounting			
Course Code: BFC302	Course Level:5		
Course Credit: 4 credit			
Hours Allotted :60 Hours			
Marks Allotted: 100			
Course Objectives: (CO)			
CO1: To Understand the role and importance of	cost accounting.		
CO2: ToUnderstand classificationofvariouscostsand	prepareCost Sheet.		
CO3: To use reconcile results as per Cost Account	nts and Financial Accounts.		
CO4: To impart knowledge of the Marginal costin	ng technique and to familiarize with various		
applications of Marginal Costing technique.			
Course Outcomes. (OC)			
OC1 Learner would learn the concept and meaning of	of Cost accounting. And assess different types of		
costs and their further classification into Direct cos	ts and Overheads. They will also illustrate cost		
centres, cost units, cost reporting and cost control			
OC2: Learner would classify various costs and would	be able to prepare cost sheet for manufacturing and		
trading concerns.			
OC3: The learners will be able State the reasons for t			
books and financial books and Reconcile the two figure or memorandum reconciliation a/c.	res of profits by preparing reconciliation statement		
OC4: The learners will be able acquire the basic conce	pts of Marginal costing and Apply the technique of		
Marginal Costing for managerial decision- making.			
Description the course:	Additionally, methods for assigning		
(Including but not limited to)	different types of costs, including direct and		
This course introduces fundamental cost	indirect costs, fixed and variable costs, as well as inventoriable and period costs.		
accounting concepts and procedures of	wen as inventoriable and period costs.		
cost accounting. An effective cost			
accounting system provides information			
that can impact operational and financial			
	performances of an entity. It also explore		
how cost accounting data is generated and			
applied across various business entities for			
different purposes. The course will			
examine the role of cost accounting in			
measuring, analyzing, and reporting costs			
associated with acquiring and utilizing an			
entity's resources.			

Unit No.	Content	Hours
Ι	Introduction to Cost Accounting: (i) Objectives and scope of Cost Accounting (ii) Cost centers and Cost units (iii) Cost classification for stock valuation, Profit measurement, Decision making and control (iv) Coding systems (v) Elements of Cost	15
Ш	Classification of Costs and Cost Sheet: Classification of costs, Cost of Sales, Cost Centre, Cost Unit, Profit Centre and Investment Centre Cost Sheet, Total Costs and Unit Costs, Different Costs for different purpose Note- Simple practical problems on preparation of cost sheet.	15
Ш	Reconciliation of cost and financial accounts: Practical problems based on Reconciliation of cost and Financial accounts.	15
IV	Introduction to Marginal Costing: Marginal costing meaning, applications, advantages, limitations Contribution, Breakeven analysis, Margin of safety and profit volume graph. Note-Simple Practical problems based on Marginal Costing excluding decision making	15
	Total Hours	60

- Cost Accounting- A managerial emphasis by Horngren, Charles, Foster and Datar, Prentice Hall
- Management Accounting by Khan and Jain, Tata McGraw Hill
- Practical Costing by P C Tulsian, Vikas New Delhi
- Advanced problems and solutions in cost Accounting by S N Maheshwari, Sultan Chand New Delhi
- Cost Accounting (For B. Com 4th Sem, Delhi Univ) by Arora M N, Vikas Publishing House Pvt. Ltd.
- A Textbook of Cost And Management Accounting 10th Edn by Arora M N, Vikas Publishing House Pvt. Ltd.
- Cost Accounting: Principles & Practice 12 Edn by Arora M N, Vikas Publishing House Pvt. Ltd.
- Essentials of Cost Accounting by Arora M N, Vikas Publishing House Pvt. Ltd.
- Students Guide to Cost Accounting & Financial Management (Set of 2 Volumes) (CA-IPCC) (Group I) by Bhavesh N. Chandarana, Taxmann 🗆 Lectures on Costing by Swaminathan: S. Chand and Company (P) Ltd., New Delhi

Programme Name: B.com (Accounting & Finan	ce) Semester -III	
Course Category: Minor		
Name of the Dept: Accounting & Finance		
Course Title: Financial Market		
Course Code:BFM303	Course Level:5	
Course Credit: 4 credits		
Hours Allotted: 60 Hours		
Marks Allotted: 100 Marks		
Course Objectives(CO): (List the course objectives)		
CO 1. To provide students with the complete un	derstanding of Indian financial Markets and	
its evolution.		
CO 2. To give an overview of Financial market	1	
CO 3. To give basic understanding of Foreign E		
CO 4. To describe the role of regulators in Fin		
Course Outcomes (OC): (List the course outc		
OC 1. After the successful completion of the course the student will have Knowledge about		
Indian financial markets as well as a brief u	inderstanding of financial systems in other	
nations.		
OC 2. Students will be aware about financial m		
OC 3. Students will be Develop critical thinkin		
trends, allowing for a better understanding of		
OC 4. Students will Understand the regulatory framework governing Indian Financial		
System And Financial Markets		
Description the course:	Basic Knowledge of Indian Financial Market	
(Including but not limited to)	,Types and Understanding of Financial	
Learner will enables to understand the	System	
concept of Financial Market and its		
Functioning Fores x Market ,Money Market		
,Capital Market,Regulators		

Unit No.	Content	Hours
Ι	Module-1: Indian Financial System And Financial Markets	15
	An introduction to the financial system, Components of Financial	
	System	
	Financial Markets, Definition, Functions	
	Classification: Primary Market & Secondary Market	
	Financial Markets Structure, Financial instruments	
II	Module-2: Mutual Fund	15
	Concept of Mutual Fund, History of Mutual fund ,Risk & Returns analysis,	
	Types of Mutual Fund and It's schemes, Importance of Mutual Fund,	
	Systematic investment plan (SIPs) and financial planning	
III	Module-3: Foreign Exchange, Money and Debt Market	15
	Foreign Exchange Market – Meaning-features-importance participants-	
	Instruments, Money market purpose and structure, Money market	
	instruments, Debt market instrument characteristics, Bond market, Bond	
	valuation	
IV	Module-4: Financial Regulators	15
	Meaning and features of financial regulators and Intermediaries, Role	
	and functions of financial regulators and intermediaries, Kinds of	
	financial regulators, markets regulated by each regulator	
	Reserve Bank of India (RBI)	
	Securities and Exchange Board of India (SEBI)	
	Insurance Regulatory and Development Authority of India (IRDAI)	
	Pension Fund Regulatory and Development Authority (PFRDA)	
	Total Hours	60

References:

• Financial Services and Markets By Dr.S. Gurusamy- Thomson Publication

- Banking & Financial Markets in India By Niti Bhasin New NC Century
- Indian Financial System By Dr.S.C.Bihari International Book House Pvt Ltd
- Financial Institutions And Markets By Bhole and Mahakud Mc Graw Hill
- Indian Financial System- Evolution and Present Structure- Niti Bhasin-2014-New Century Publications
- Financial Institutions and Markets-Structure, Growth and Innovations-L M Bhole and Jitendra Mahakud-2017- Tata MacGrawHill Education Pvt Ltd

Programme Name: B.Com (Accounting & F	inance) Semester: III
Course Category: Open Elective	
Name of the Dept: B.com (Business Manageme	ent)
Course Title: Consumer Behavior	
Course Code: BFB304	Course Level:5
Course Credit: 2 credits	
Hours Allotted: 30 Hours	
Marks Allotted: 50 Marks	
Course Objectives (CO): (List the course obje	
CO.1 To make learners aware of the basic conc	
CO.2 To familiarize the learners with theories re	elated to consumer behavior
Course Outcomes (OC): (List the course outco	
OC 1. Gain knowledge about the basic concepts	of consumer behavior and its implications in
making marketing decisions	(i.e., for all and the second s
OC 2. Understand the importance of the applica consumer behavior	tion of various theories in understanding
Description the course:	Introduction, relevance, Usefulness,
(Including but not limited to)	Application, interest, connection with other
The course introduces learners to the	courses, demand in the industry, job prospects
importance of consumer behavior and its	etc.
application in analyzing market trends to	
ensure right decision-making for sustaining	
market competition. They would further	
market competition. They would further understand the application of various theories	
understand the application of various theories	

Unit No.	Content	Hours
Ι	Module -I	15
	Introduction to Consumer Behavior	
	 Meaning of Consumer Behavior, Features and Importance Types of Consumer (Institutional & Retail), Diversity of consumers and their behavior- Types Of Consumer Behaviour Profiling the consumer and understanding their needs Consumer Involvement Application of Consumer Behavior knowledge in Marketing Consumer Decision Making Process and Determinants of Buyer Behavior, factors affecting each stage, and Need recognition 	
II	Module -II	15
	 Individual Determinants of Consumer Behavior Consumer Needs & Motivation (Theories - Maslow, Mc Cleland). Personality – Concept, Nature of personality, Freudian, non - Freudian and Trait theories, Personality Traits and it's Marketing significance, Product personality and brand personification. Self Concept – Concept Consumer Perception Learning - Theory, Nature of Consumer Attitudes, Consumer Attitude Formation & Change. Attitude - Concept of attitude 	
		30

- 1. Michael Vaz Manan Prakashan
- 2. Kale Vipul Publication
- 3. Consumer Behavior by Leon G Schiffman and Lesile Lazar Kanuk
- 4. Consumer Behavior: Buying, Having and Being by Michael R. Solomon
- 5. Consumer Behavior: An Integrated Approach by David L. Mothersbaugh and Delbert I. Hawkins

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0	e Name: B.com (Accounting & Finance) Semeste	er: III	
	egoryl: Open Elective		
Name of the Dept.: Science and Technology			
Course Title	e: Data Analysis with Excel		
Course Cod	Course Code: BFD304 Course Level: 5		
Course Crea	dit: 2 credits		
Hours Allot	ted:30 Hours		
Marks Allot	ted: 50 Marks		
	jectives(CO): (List the course objectives)		
CO 1: To	o familiarize students with the basic functionalities of Excel and the essent		
	for performing data analysis, including data manipulation, visualization, and	nd basic	
	statistical techniques.		
CO 2: To	equip students with advanced Excel tools and techniques for deeper data a		
	including pivot tables, advanced functions, and more sophisticate	ed data	
	visualizations.		
	tcomes (OC): (List the course outcomes)	tury and	
OC I: Str	idents will be able to navigate the Excel interface, perform basic data er		
	management tasks, apply fundamental statistical techniques (like mean, i and standard deviation) and arrate simple aborts and data visualizations to		
	and standard deviation), and create simple charts and data visualizations to and present data effectively.	anaryze	
OC 2 St	udents will be proficient in using advanced Excel functions (e.g., VLO	OKUP	
00 2. 50	INDEX, MATCH), building and customizing pivot tables and pivot	charts	
	creating interactive dashboards.	churts,	
Description	of the course:		
	but not limited to)		
	This course on Data Analysis with Excel is designed to equip students with essential skills for		
	data analysis using Excel, ranging from basic to advanced techniques. The		
	he fundamental tools in Excel, including data entry, basic statistical function		
	zations like charts and graphs. Students will learn how to manage data effectively	· 1	
	ke SUM and AVERAGE, and understand basic descriptive statistics. The s	-	
	more advanced techniques, including advanced Excel functions like VI		
INDEA, as	INDEX, as well as the creation of pivot tables and charts for deeper data analysis.		
Syllabus: NEP 2020 w.e.f 2025-26			
Unit No.	Content	Hours	
Ι	Module I: Introduction to Excel and Basic Data Analysis	15	
	□ Introduction to Excel		
	Overview of Excel interface		
	 Basic functions (SUM, AVERAGE, COUNT, etc.) 		
	 Formatting cells, rows, and columns 		
	□ Data Entry and Management		
	1.1 Data types, importing/exporting data		
	1.2 Sorting and filtering data		

¥	1.3 Using tables and ranges □ Basic Statistical Functions	
	1.1 Mean, median, mode, variance, standard deviation1.2 Basic descriptive statistics	
	□ Data Visualization	
	1.1 Creating and customizing charts (bar, line, pie charts)	
	1.2 Introduction to conditional formatting	
	1.3 Creating dashboards for data visualization	
II	Module II: Advanced Data Analysis Techniques in Excel	15
	□ Advanced Excel Functions	
	2.1 Lookup functions (VLOOKUP, HLOOKUP, INDEX,	
	MATCH)	
	2.2 Nested functions and array formulas	
	2.3 IF, COUNTIF, SUMIF, and other conditional formulas	
	□ Pivot Tables and Pivot Charts	
	2.1 Creating and customizing pivot tables	
	2.2 Analyzing large datasets with pivot charts	
	2.3 Grouping data in pivot tables □ Advanced Data Visualization	
	2.1 Using advanced chart types (scatter plot, histograms, etc.)	
	2.2 Creating interactive dashboards with slicers	
	2.3 Using sparklines for data trends	
	Total Hours	30

- 1. Walkenbach, John. Excel 2019 Bible, Wiley.
- 2. Harvey, Greg. Excel for Dummies (Excel 2021 or latest edition), Wiley.
- 3. Simon, Jinjer L. Excel Data Analysis: Your visual blueprint for analyzing data, charts, and PivotTables, Wiley.
- 4. McFedries, Paul. Microsoft Excel Data Analysis and Business Modeling, Microsoft Press.
- 5. Murdick, Robert G., & Ross, J. W. Information Systems for Managers: With Excel Applications, Pearson.
- 6. G., & Ross, J. W. Information Systems for Managers: With Excel Applications, Pearson.

Sheth T. J. Education Society's

Sheth N.K.T.T College of Commerce and Sheth J.T.T College of Arts, Thane (W) Autonomous

Programme Name: B.com (Accounting & Finan	nce) Semester:III		
Course Category: Vocational Skill Course			
Name of the Dept: Accounting & Finance			
Course Title: Fundamental of Stock Market			
Course Code:BFS305	Course Level:5		
Course Credit: 2 credits			
Hours Allotted: 30 Hours			
Marks Allotted: 50 Marks			
Course Objectives(CO): (List the course objectives)	tives)		
CO1.To introduce students to the structure and a			
CO2. To provide knowledge of different stock m	arket instruments and SEBI regulations and		
investor protection measures			
Course Outcomes (OC): (List the course outcomest			
OC. 1 Inculcate knowledge of corporate governa	ance, financial regulations, and ethical		
investment Practice			
	OC 2. Help students understand global financial markets, economic indicators, and		
international trade impact on investments			
Description the course:	The Course provide a strong foundation in		
(Including but not limited to) Course will	investment principles if Capital Market .It		
enable Learner to understand the fundamental	also inculcate knowledge of asset allocation,		
of Stock Market and its terminology .It	and risk-return trade-offs It enables learner to		
enables to understand the instruments of	analyze securities, construct efficient		
capital market and SEBI Functioning &	portfolios, and apply modern portfolio theory		
regulatory part.	and to equip students with tools for portfolio		
	construction, diversification, and risk		
	management. The learner will understand		
	Global SEBI regulation		

Unit No.	Content	Hours
Ι	 Unit I: Introduction to Stock Market Basics of Financial Markets (Primary & Secondary Markets) Role of Stock Exchanges (NSE, BSE, NYSE, etc.) Key Market Participants (Investors, Traders, Brokers, Regulators) SEBI and Regulatory Framework How the Stock Market Works 	15
Π	 Unit II: Financial Instruments & Risk Management Equity Shares (Common & Preferred) and IPO Bonds & Debentures Mutual Funds & ETFs Derivatives (Futures & Options - Basics) Risk Management -Meaning, Features and Importance Types of Risks (Financial, Operational, Strategic, Compliance) 	15
	Total Hours	30

- Risk Management-Manan prakashan
- Risk Management in Forex market-Dalnani Publication
- Risk Mangement Vipul Prakashan
- Risk Management Himalaya Publication
- Portfolio Management for New Products (Robert G. Cooper, Scott J. Edgett, and Elko J. Kleinschmidt)
- The Elements of Investing (Charles D. Ellis and Burton G. Malkiel)

Programme Name:B.com (Accounting & Finance)	Semester: III
Course Category: Vocational skill Course	
Name of the Dept: Accounting & Finance	
Course Title:Basics of Financial Literacy	
Course Code: BFB305	Course Level:5
Course Credit: 2 credits	
Hours Allotted: 30 Hours	
Marks Allotted: 50 Marks	
Course Objectives(CO):	
CO1: To acquaint the students with the knowledge of growing	importance of Financial Planning
and Decision Making ,Personal Finance ,Investing	
CO2: To familiarize the students with the tools and techniques H	Personal Financing , Taxation , E-
filling ,Deduction ,Exemption	
Course Outcomes (OC):	
OC1: Students will be able to understand the concept of Fundamentation	nentals of Personal
Financing, Financial goal alien with personal and professional	Goal
OC2: Students will be able to understand Financial Budgeting an	d Planning, Investment decision
making ,Savings,Taxation, Deduction ,Exemption,Personal tax	x Planning
Description the course: (Including but not limited	
to)	
The learner will enables to understand Personal	
Financing, Financial planning, Investment	
Decision process, Professional Financial	
goal,Exemption,E-filling ,Deduction	

	Content	Hours
I	1. Financial Planning and Financial Product	15
	Introduction to Saving	
	• Time value of money	
	Management of spending and financial discipline	
	Banking products and services	
	• Digitization of financial transactions: Debit Cards {ATM Cards) and Credit Cards.,UTI Payment ,UPI	
	Security and precautions against online frauds	
		17
Π	Investment Planning ,Management and personal Taxation	15
	• Investment opportunity and financial products	
	• Insurance Planning: Life and non-life including medical insurance schemes	
	• Insurance Planning: Life and non-life including medical insurance schemes	
	• Introduction to basic Tax Structure in India for personal taxation	
	Aspects of Personal tax planning	
	• Exemptions and deductions for individuals	
	• e-filing	

- Benjamin Graham: Author of "The Intelligent Investor," a classic guide to value investing.
- **Robert Kiyosaki:** Author of "Rich Dad Poor Dad," a book that explores different approaches to financial literacy.
- Thomas J. Stanley and William D. Danko: Co-authors of "The Millionaire Next Door," which analyzes the characteristics of American millionaires.
- Dave Ramsey: Author of "The Total Money Makeover," a plan for achieving financial freedom.
- Ramit Sethi: Author of "I Will Teach You to Be Rich," a six-week program for improving finances.
- John C. Bogle: Author of "The Little Book of Common Sense Investing,"

Programme Name: B.com (Accounting & Finance)	Semester:III
Course Category: Certificate Course (CC)	
Name of the Department: Sociology	
Course Title: Fundamentals of Social Service and Volunteering	5
Course Code: BFN308	Course Level: 5
Course Credit: 2 credits	
Hours Allotted: 30 Hours	
Marks Allotted: 50 Marks	
Course Objectives:	
1. To introduce students to the fundamental principles of so	cial service and volunteering.
2. To develop a sense of social responsibility and commitme	ent to community development.
Course Outcomes:	
1. Gain an understanding of the significance of social servic	e in nation-building.
2. Develop an appreciation for volunteerism and its role in	addressing social issues.
Introduction: Social service and volunteering are essential aspe	ects of a responsible and engaged
society. They provide individuals with opportunities to contribu	te to the well-being of their
communities while fostering personal growth and social awaren	ness. This course aims to instill a
spirit of volunteerism and service in students by equipping then	n with theoretical knowledge and

Relevance and Usefulness:

In today's world, social inequalities, environmental concerns, and community challenges require active engagement from individuals. Volunteering bridges the gap between the privileged and the underprivileged, offering solutions to pressing social issues. Through structured participation in social service activities, students develop empathy, teamwork, and leadership skills, making them responsible citizens and change-makers.

Interest and Connection with Other Courses:

practical experience in social service initiatives.

This course complements various disciplines such as sociology, social work, public administration, psychology, and political science. The knowledge and skills gained through social service and volunteering enhance students' understanding of social structures, human behavior, and policy-making. Additionally, it fosters civic engagement, making it valuable for students aspiring to careers in social work, public service, or non-governmental organizations (NGOs).

Unit No.	Content	Hours
Ι		15
	UNIT I: Introduction to Social Servicing and Volunteering	
	A. Meaning and Importance of Social Service	
	B. Role of Youth in Social Service	
	C. Challenges and Ethical Considerations in Voluntary Work	
II		15
	UNIT II: Community Engagement and Social Change	
	A. Different Forms of Community Service (Health, Education,	
	Environment, Disaster Relief)	
	B. Government and Non-Government Organizations in Social	
	Service	
	C. Impact of Volunteerism on Society	
	Total Hours	30

References:

• National Service Scheme Manual (Revised) 2006, Government of India, Ministry of Youth Affairs and Sports, New Delhi.

- University of Mumbai National Service Scheme Manual 2009.
- http://nss.nic.in
- https://www.rccmindore.com/wp-content/uploads/2023/04/NSS-Notes-II.pdf

Programme Name:B. Com.(Accoun	ting and Finance) Semester: III
Course Category: Co-Curricular (CC	
Name of the Dept: Psychology	
Course Title: Yoga	
Course Code: BFY308	Course Level: 5
Course Credit: 2 credits	
Hours Allotted: 30 Hours	
Marks Allotted: 50 Marks	
 2. To provide the knowledge of va (voluntarily regulated breathing Course Outcomes (CO): OC 1. Students will be able to unders OC 2. Students will be able to use the 	tand the basic principles and applications of Yoga. e Practical knowledge in their day to day life.
Description the course:	Yoga practices will be important for the upcoming lifestyle
(Including but not limited to)	hence students can seek a career in the same. Students will
	understand the importance of yoga in life. Students will be
	having practical exposure. Hence, practicing yoga will help
	students to maintain their health.

Unit No.	Content	Hours
I	Theory of Yoga	15
	A) Yogic Sanchalan (Yogic Movements), Kapalbhati (Cleansing	
	Breath Technique), Suryanamaskar (Sun Salutation)	
	B) Chandrabhedan Pranayama (Left Nostril Breathing), Surya	
	Bhedana Pranayama (Right Nostril Breathing), Sakshi Bhav	
	(Witness Consciousness)	
	(Whitess consciousness)	
II	Practical	15
	A) Padmasana (Lotus Pose), Parvatasana (Mountain Pose),	
	Janushirasana (Head-to-Knee Forward Bend), Ustrasana (Camel	
	Pose), Veerbhadrasana (Warrior Pose), Trikonasana (Triangle	
	Pose), Vrikshasana (Tree Pose), Ardha Naukasana (Half Boat	
	Pose)	
	B) Ardha Shalabhasana (Half Locust Pose), Makarasana (Crocodile	
	Pose), Ardha Dronasana (Half Warrior Plank), Ardha	
	Pavanmuktasana (Half Wind-Relieving Pose), Utthita	
	Ekpadasana (Extended One-Leg Pose)	
	Total Hours	30

- 1. G. V Kadam Yoga Life Sutra, Girish Vasant Kadam (2012)
- 2. ajayoga Swami Vivekananda Ramakrishna Ashrama Publications
- 3. C.D. Sharma: Critical Survey of Indian Philosophy, Motilal Banarsidass Publications 2003