Sheth NKTT College of Commerce and Sheth JTT College of Arts, Thane

(Autonomous)

(Affiliated to University of Mumbai)

Credit Structure as per NEP-2020 (w.e.f. 2024-25)

F.Y.B.Com. (Accounting and Finance)

CODE	Semester I Subjects	Cr	CODE	Semester II Subjects	Cr
Major	Semester i Subjects		CODE	Jemesser 22	
BFA101	1. Financial Accounting - I	4	BFA201	1. Financial Accounting - II	4
BFF102	2. Financial Management - I	2	BFF202	2. Financial Management - II	2
Minor			BFI203	1. Innovative Financial Services	2
OE			\$10,000		
BFB103	1. OE1: Business Statistics	4	BFM204	1. OE1: Business Mathematics	4
BFE104	1. VSC: Business Economics - I	2	BFE205	1. VSC: Business Economics - II	2
BFI105	2. SEC: Information Technology in Accountancy - I	2	BFI206	2. SEC: Information Technology in Accountancy - II	2
BFC106	1. AEC: Corporate Communication - I	2	BFC207	1. AEC: Corporate Communication - II	2
BFE107	2. VEC: Business Environment	2	BFO208	2. VEC: Organizational Behavior	2
BFK108	3. IKS: Indian Ethos in Commerce and Management	2			
BFS109 / BFL109 / BFP109	1. CC: NSS / Sports / Cultural / Yoga	2	BFS209 / BFL209 / BFP209	1. CC: NSS / Sports / Cultural / Yoga	2
DITIO	Total	22		Total	22

Ms.Sujata Gada SFC Coordinator Dr.Heena Chande NEP Coordinator

Dr. Dilip Patil Principal

vision: committed and Persuasive efforts towards Holistic Education

Programme Name: B.Com. (Accounting & Finance) Semester: II

Course Category: Major

Name of the Dept: Accounting & Finance

Course Title: Financial Accounting-II

Course Code: BFA 201 Course Level:4.5

Type: Theory

Course Credit: 4 credit Hours Allotted: 60 Hours Marks Allotted: 100

Course Objectives: (CO)

CO1: To acquire the skills necessary to work in Financial Service Industry Particularly

Accounting & Finance

CO2: To describe and apply financial concepts, skills, theories, and tools.

CO3: To understand fire insurance calming and settlement

CO4: To understand the Financial accounting maintenance Branch Accounting

Course Outcomes.(OC)

OC1: Learners will be able to understand the conversion of a single-entry system into a double entry system and will be able to ascertain profit and loss and obtain information related to other major transactions.

OC2: Learners will be able to understand the features and accounting of consignment business in the books of consignor and consignee both along with understanding of the technique of computing the value of closing stock lying with the consignor

OC3: Students will be able to understand the importance and accounting treatment off reinsurance along with calculation of actual claims.

OC4: Learner will leaner the complete accounting treatment

Description the course: (Including but not limited to)

Financial accounting is a fundamental aspect of business operations, providing a structured framework for recording, summarizing, and presenting financial information. This course aims to equip students with the knowledge and skills necessary to analyze, interpret, and communicate financial data in accordance with generally accepted accounting principles (GAAP). It Play a crucial role in shaping the skills and knowledge of students pursuing careers in accounting, finance, and business.

Introduction to accounting, Recording financial transactions, financial statement, Revenue recognition & expenses measurement etc.

Unit No.	Content	
Ι	ACCOUNTING FROM INCOMPLETE RECORDS	
	a. Introduction	
	b. Problems on Preparation of Final Accounts of Proprietary Trading Concern	
	c. Conversion Method (including- preparation of cash/ bank account)	
II	CONSIGNMENT ACCOUNTS	15
	a. Introduction to Consignment a. Accounting for Consignment Transactions	
	& Valuation of Stock	
	b. Invoicing of Goods at Higher Price	
	c. (Inclusion Overriding Commission, Normal/Abnormal Losses)	
III	BRANCH ACCOUNTS	15
	a. Meaning / Classification of Branches & Branch Accounting	
	Accounting for Dependent Branch Not Maintaining Full Books- Debtors	
	Method. Stock and Debtors Method	
IV	FIRE INSURANCE CLAIMS	15
	a. Introduction to Fire Insurance	
	b. Computation of Loss of Stock by Fire Ascertainment of Claim as per the	
	Insurance Policy	
	c. Including - Loss of Profit and Consequential Loss	
	Total Hours	60

- Introduction to Accountancy by T.S. Grewal, S. Chand and Company(P)Ltd., New Delhi
- Advance Accounts by Shukla and Grewal, S. Chand and Company(P)Ltd., New Delhi
- $\bullet \ Advanced Account an cyby R. LG upta and M. Radhaswamy, S. Chandand Company (P) Ltd., New Delhi$
- Modern Accountancy by Mukherjee and Hanif, Tata Mc. GrowHill andCo. Ltd., Mumbai
- Financial Accounting by LesileChandwichk, Pentice Hall of IndiaAdinBakley (P) Ltd., New Delhi
- Financial Accounting for Management by Dr. Dinesh Harsalekar, Multi-Tech. Publishing Co. Ltd., Mumbai
- Financial Accounting by P.C. Tulsian, Pearson Publications, NewDelhi
- Accounting Principles by R.N. Anthony and J.S. Reece, RichardIrwin, Inc

Programme Name: B.Com. (Accounting & Finance) Semester: II

Course Category: Major

Name of the Department: Accounting and Finance

Course Title: Financial Management -II

Course Code: BFF 202 Course Level: 4.5

Type: Theory

Course Credit: 2 credits

Hours Allotted: 30 Hours

Marks Allotted: 50 Marks

Course Objectives(CO): (List the course objectives)

CO 1. To Enhance the abilities of learner to understand the cyclical capital computation, Capital Investment decision and Maximum Permissible Banking Finance

CO 2. To enable the learner about applicability of capital budgeting Decision

Course Outcomes (OC): (List the course outcomes)

OC 1. Learner will be able to identify scope of working Capital

OC 2. Learner will be able to Conceptualize computation of Net present Value, PI and ARR

Description the course: (Including but not

limited to)

The course introduces learners understand nature of cyclical capital and the concept of computation of Working capital under MPBF committee It will also give an overview of Capital Budgeting which enables for investing

decision under NPV,PI and ARR technique.

Introduction, relevance,

Usefulness, Application, interest, connection with other courses, demand in the industry, job prospects etc.

Unit No.	Content	Hours
I	Introduction to Working Capital Management	15
	1.Introducation and Scope of working capital Management	
	2.Importance and Factors of working capital Management	
	3. Types of Working Capital	
	4. Maximum Permissible Banking Finance (Tondon Committee)	
	5.Operating Cycle Practical Problems	
II	Capital Budgeting and Investment Decision	15
	1. Meaning and Scope of Capital Budgeting	
	2. Meaning and scope of Investment Decision	
	3. Factors affecting Investment Decision	
	4. Technique of Capital Budgeting Traditional and Modern Method	
	5.Computaion of Accounting rate of return ,Payback period, Net	
	Present Value ,Profitability Index and Internal Rate of Return	
	Total Hours	30

- Financial Management by I.M. Pandey, Vikas Publishing House, New Delhi
- Fundamentals of Financial Management by D. Chandra Bose, PHI Learning Pvt.
- Financial Management by P.K.Jain and M.Y. Khanand Text and Problems
- Financial Management Theory and Practice bu Prasana Chandra

Course Category: Minor

Name of the Dept: Accounting And Finance Course Title: Innovative Financial Services

Course Code: BFI 203 Course Level:4.5

Type: Theory

Course Credit: 2 credits
Hours Allotted: 30 Hours

Marks Allotted: 50 Marks

Course Objectives(CO):

CO 1. To inculcate the knowledge of basic financial Services

CO 2. To impart students with practical knowledge about various concepts like lease and hire purchase

Course Outcomes (OC):

OC 1.To acquaint students with the knowledge of Traditional Financial services, issue management.

OC 2.To make students understand financial services & its mechanism Lease and Hire Purchase are the practical essence of the market they are aware

Description the course: (Including	The course gives basic understanding
but not limited to)	and knowledge of various traditional
	Financial Services also students are
	given practical knowledge about
	various concepts like lease and Hire
	purchase, they are given overview of
	various latest Innovative financial
	services.

Unit No.	Content	
I	Introduction to Traditional Financial Services	
	a. Financial Services: Concept, Objectives/Functions, Characteristics,	
	Financial Service Market, Financial Service Market Constituents,	
	Growth of Financial Services in India, Problems in Financial Services Sector, Banking and Non-Banking Companies, Regulatory Framework	
	b. Factoring and Forfaiting: Introduction, Types of Factoring,	
	Theoretical Framework, Factoring Cost, Advantages and	
	Disadvantages of Factoring, Factoring in India, Factoring v/s	
	Forfaiting, Working of Forfaiting, Benefits and Drawbacks of	
	Forfaiting.	
	c. Bill Discounting- Introduction,Framework,Bill Market	
	Schemes, Factoring v/s Bill Discounting in Receivable Management	
II	a) Lease and Hire-Purchase: Meaning, Types of Lease - Finance Lease,	15
Operating Lease, Advantages and Disadvantages of Leasing, Leasin		
	India, Legal Aspects of Leasing.	
	Definition of Hire Purchase, Hire Purchase and Installment Sale	
	Characteristics, Hire Purchase and Leasing, Advantages of Hire	
	Purchase, Problems of Hire Purchase.	
	b) Housing Finance: Introduction, Housing Finance Industry, Housing	
	Finance Policy Aspect, Sources of Funds, Market of Housing Finance,	
	Housing Finance in India - Major Issues, Housing Finance in India -	
	Growth Factors, Housing Finance Institutions in India, National	
	Housing Bank (NHB), Guidelines for Asset Liability Management	
	System in HFC, Fair Trade Practice Code for HFC's, Housing Finance	
	Agencies.c) Venture Capital: Introduction, Features of Venture Capital,	
	Types of Venture Capital Financing Stages, Disinvestment	
	mechanisms, Venture Capital Investment process, Indian Scenario	
	Total Hours	

- 1. IM Pandey, Financial Management, Vikas Publishing House Ltd.
- 2. Khan M.Y., Financial Services, Mc Graw Hill Education.
- 3. Dr.S.Gurusamy, Financial Services, Vijay Nicole Imprints.
- 4. Financial Market and Services, E, Gordon and K. Natrajan, Himalaya Publishing House

Programme Name: B.Com. (Accounting and Finance) Semester: II

Course Category: Open Elective

Name of the Dept: Accounting and Finance

Course Title: Business Mathematics

Course Code: BFM 204 Course Level: 4.5

Course Type: Theory

Course Credit: 4

Hours Allotted:60 Hours

Marks Allotted: 100 Marks

Course Objectives:

- (1) To provide an overview to the students with the basic concepts involved in Mathematics. Learner will Recognize and apply ratio, proportion and percentage to solve real life problem.
- (2) Explain how to calculate profit and loss
- (3) Learners will understand and apply the calculations of simple interest, compound interest and annuity.
- (4) Learners will be able to understand concept of shares and mutual funds, able to determine profit, rate of returns etc. for the investment.

Course Outcomes:

After completion of the course, students would be able to

- (1) Learners will able to convert between fractions, decimal and percentage.
- (2) Learners will understand how a business can obtain a supernormal profit.
- (3) Learners will understand and apply the calculations of simple interest, compound interest
- (4) And annuity
- (5) Illustrate the basic concepts of Share Market and Mutual Funds.

Unit No.	Content	Hours	
	Ratio , Proportion and Percentage		
	a. Ratio:- Definition, Continued Ratio, Inverse Ratio		
	b. Proportion :- Continued Proportion, Direct Proportion, Inverse		
I	Proportion		
	c. Variation :- Inverse Variation, Joint Variation		
	d. Percentage :- Meaning and Computation of Percentage		
II	Profit and Loss		
	a. Terms and formulae, Trade discount, Cash discount, problems		
	involving cost price, selling price, trade discount, cash discount	15	
	b. Introduction to Commission and Brokerage - Problems or		
	commission and brokerage.		
Ш	SIMPLE INTEREST, COMPOUND INTEREST AND ANNUITY.		
	a. Simple and Compound Interest: Interest compounded once a		
	year, more than once a year, continuous, nominal and effective rate of interest		
	b. Annuity: Present and future value-sinking funds, simple practical	15	
	Problems.		
IV	IV Shares and Mutual Funds		
	a. Shares: Concept of share, face value, market value, dividend, equity		
	shares, Preferential shares, bonus shares, Right issue of Share, Spl		
	and Consolidation.		
	b. b. Mutual Funds: types of Mutual funds, Simple problems on		
	calculation of Net income after considering entry load, dividend, change in Net Asset Value (N.A.V.) and exit load. Averaging of price	15	
	under the Systematic Investment Plan (S.I.P.) systematic withdrawal		
	plan (S.W.P.).		
		60	

- (1) Elementary Business Mathematics I by M.L. Vaidya, A.V.Deshpande.
- (2) Elementary Business Mathematics I by Welling and Saraph .
- (3) Study material on Mathematics and Statistics by Ms. Sangeeta Patil .
- (4) Business Mathematics by Sancheti & Kapoor.
- (5) Financial Mathematics by Prarthana Shahi. (Ane's Student Edition).
- (6) Business mathematics and statistics by V.R.Nikam (Chandralok Prakashan).
- (7) Business Mathematics by P.M. Saraph.

Programme Name: B.com. (Accounting & Finance)	Semester: II	
Course Category: Vocational Skill Course		
Name of the Dept: Accounting and Finance		
Course Title: Business Economics II		
Course Code: BFE 205	Course Level:4.5	
Type: Theory		
Course Credit: 2 credits		
Hours Allotted: 30 Hours		
Marks Allotted: 50 Marks		
Course Objectives		

Course Objectives:

CO1: To make learners familiar with basic concepts in macroeconomics.

CO2: To make learners aware about concepts of economic policies and Basic economic problems.

Course Outcomes:

OC1: Learners will understand basic concepts in Macroeconomics

OC2: Learners will understand the concepts of economic policies and Basic economic problems.

proteins.	
Description the course:	When students study macroeconomics,
(Including but not limited to)	they gain an understanding of how
	economies function at a national and
	global level. They learn about concepts
	such as GDP, inflation, unemployment,
	fiscal and monetary policy, international
	trade, and economic growth. This
	knowledge helps them analyze and
	interpret economic trends, make
	informed decisions, and understand the
	impact of economic policies on society.

Unit No.	Content	Hours
I	Introduction:	
	Introduction – Meaning, Scope, Importance & Limitations of	
	Macroeconomics	
	National Income – Concepts, Methods & Difficulties in measurement	
	of National Income, Circular flow of National income	
	Trade Cycle – Features, Types & Phases	
II	Economic Policy and Inflation:	
	Monetary Policy – Objectives, Instruments & Role of Monetary Policy	
	in Developing Economies	
	Fiscal Policy – Objectives, Instruments &Role of Fiscal Policy in	
	Developing Economies	
	Inflation – Meaning, Demand Pull Inflation & Cost push Inflation,	
	Measures to control Inflation.	
	Total Hours	30

-) Richard Froyan, (2012), Macroeconomics: Theories and Policies, Person Education
- 2) Eroll D'souza, (2008) Macroeconomics, Pearson Education.
- 3) Suman Kalyan Chakravarty, (2010), Macroeconomics, Himalaya Publishing House.
- 4) N. Greony Mnakiw, (2015) Principle of macroeconomics Cengage Learning.
- 5) Francis Cherunilam, (1999), International Economics, Tata McGrawHill.
- 6) Bo Soderstein, (1994), International Economics, Palgrave Macrillan.

ŀ	Programme Name: B.com (Accounting and Finance)	Semester: II

Course Category: Skill Enhancement Course

Name of the Dept: Accounting and Finance

Course Title: Information Technology in Accountancy II

Course Code: BFI 206 Course Level:4.5

Type: Theory

Course Credit: 2 credits Hours Allotted: 30 Hours Marks Allotted: 50 Marks

Course Objectives(CO): (List the course objectives)

CO 1. To Understand Information system in Business and computerized accounting software

CO 2. To learn and understand the relationship between Database Management and Data ware house and application of data mining in Business.

Course Outcomes (OC): (List the course outcomes)

After completion of the course, learners would be able to:

OC1: Apply Various concepts of Information system and computerized accounting software in

Business

OC2: Apply concepts of DBMS, Data Warehouse & Data Mining in Business

Description the course:	This course helps students for career
(Including but not limited to) advancement in accounting and finance v	
	prospects for roles spanning software
	implementation, financial analysis, database
	Administration, and consulting.

Unit No.	Content	Hours
I I	Concept of MIS Reports in Computer Environment Introduction, Concept of MIS, Need for MIS, Characteristic of MIS Outputs of MIS Role of MIS Guidelines for Developing MIS reports Functional Aspects of the MIS, Problems in MIS, Knowledge required for studying MIS Computerized Accounting System Introduction and meaning, Uses and Benefits, Role, Need and requirements of computerized accounting Basic requirements of computerized accounting system, Advantages of accounting system, Limitations of computerized accounting system Accounting Software: Introduction and Meaning Advantages of accounting software, Uses of Accounting software, various accounting software.	Hours 15
	Accounting software: TALLY – Accounting and reports.	
П	Introduction to Data Base and Data Warehouse	15
	Introduction to DBMS	
	Meaning of DBMS, Need for using DBMS. Concepts of tables,	
	records, attributes, keys, integrity constraints, schema architecture.	
	Data Warehousing and Data Mining	
	Concepts of Data Warehousing, Characteristics of Data Warehouse,	
	Functions of Data Warehouse, Data Warehouse Architecture, Business	
	use of data warehouse	
	Data Mining	
	The scope and the techniques used, Business Applications of Data	
	Warehousing and Data Mining	
	Total Hours	30

References:

1. Computer in Business – Sanders D – McGraw Hill

- 2. Computers and Information Management S C Bhatnagar & V Ramant Prentice Hall
- 3. Information Technology for Management, 6TH ED (With CD) By Efraim Turban, Dorothy
- $4. \quad Tally \,. \, ERP \, 9 \, Made \, Simple \, Basic \, Financial \, Accounting, \, Ashok \, K \, Nadhani \,.$
- 5. G. K. Gupta:"Database Management Systems", McGraw Hill
- 6. Elmasri and Navathe, "Fundamentals of Database Systems", 6th Edition, PEARSON Education.
- 7. Han, Kamber, "Data Mining Concepts and Techniques", Morgan Kaufmann 3nd Edition.

Programme Name: B.com (Accounting and Finance)

Semester: II

Course Category: Ability Enhancement Course

Name of the Dept: Accounting and Finance

Course Title: Corporate Communication – II

Course Code: BFC 207 Course Level:4.5

Type: Theory

Course Credit: 2 credits

Hours Allotted: 30 Hours

Marks Allotted: 50 Marks

Course Objectives(CO): (List the course objectives)

CO1. To inculcate effective presentation skills in the learners and make them ready to face interviews, understand the role of employer and employees in meeting and use modern tools in conferences.

CO2. To make learners aware about role of Public Relations in business communication and give them knowledge of business letter and report writing

Course Outcomes (OC): (List the course outcomes)

OC1: Learners would develop effective presentation skills

OC2: Learners would be able to face interviews confidently, understand how meetings are important tools of discussion for any business, would be able to use modern conference tools

Description the course:

(Including but not limited to)

The course introduces learners to presentation skills and the concept of group communication which includes group discussions, meetings, conferences and Public Relations. It will also give an overview of RTI and Consumer rights. Drafting of letters and reports will assist the learners to upgrade their business writing skills further helping them to enhance their professional writing skills.

Introduction, relevance, Usefulness, Application, interest, connection with other courses, demand in the industry, job prospects etc.

Unit No.	Content	Hours
I	Group Communication Interviews: Group Discussion Preparing for an Interview, Types of Interviews – Selection, Appraisal, Grievance, Exit Meetings: Need and Importance of Meetings, Conduct of Meeting and Group Dynamics Role of the Chairperson, Role of the Participants, Drafting of Notice, Agenda and Resolutions Conference: Meaning and Importance of Conference Organizing a Conference Modern Methods: Video and Tele – Conferencing Public Relations: Meaning, Functions of PR Department, External and Internal Measures of PR Public Relations: Meaning, importance, scope of public relations – internal and external	15
II	Business Correspondence and Language and Writing Skills Trade Letters: Order, Credit and Status Enquiry, Collection (just a brief introduction to be given) Letters of Inquiry, Letters of Complaints, Claims, Adjustments Sales Letters, promotional leaflets and fliers Consumer Grievance Letters, Letters under Right to Information (RTI) Act Language and Writing Skills: Reports: Parts, Types, Feasibility Reports, Investigative Reports Summarization: Identification of main and supporting/sub points Presenting these in a cohesive manner	15
	Total Hours	30

- Professional Communication Aruna Koneru Tata McGraw Hill 2008 2
- The Ethics of Information Luciano Floridi Oxford University Press -2013
- Business Communication A. C. "Buddy" Krizan, Patricia Merrier, Joyce Logan, Karen Williams -Thomson -2008

Programme Name:B.com (Accounting and Finance)	Semester: II
Course Category: Value Education Course		
Name of the Dept: Accounting & Finance		
Course Title: Organisational Behavior		
Course Code:BFO208	Course Level:4.5	

Course Credit: 2
Type: Theory

Total Hours: 30 Hours
Total Marks: 50 Marks

Course Objectives:

CO1: To build self-awareness among the learner and enable the learner to identify and acknowledge individual and group differences.

CO2: To introduce the learner to group behavior, group processes, team work & team conflicts and acquaint the learner with motivation theories at workplace, familiarize with modern age workplace stress & impart skills to overcome.

Course Outcome:

OC1: The learner studies various aspects of Personality development-Perception, Attitude, Thinking, learning and decision making and develop analytical and integration skills in applying knowledge to enhancing individual and organizational effectiveness in a wide range of organizations. OC2:

To develop an understanding of the theories and concepts associated with Individual and group behavior within an organization and foster introspection regarding your role as a business practitioner.

Description of the course:

Organizational behavior studies how people, groups, and structures work together in companies. It looks at leadership, communication, and how people make decisions. By learning this, students understand how organization practically functions also inculcate required job specifications for the pupils.

Introduction
to
organizational
behavior,
wor
k
culture,
leadershi
p
theories,
Tea
m
building
an
d development etc.

Unit No.	Content	Hours
I	Introduction to Organisational Behavior- Meaning, Nature, Scope and Models. Organizational structure and design. Work Culture of Organisation Types & Role. Motivation Theories Johari Window Organizational Conflicts Organizational Change effects of resistance to change and solution	15
II	Managing People and Organisation Leadership Theories Goals Planning Team building and development Skills Development Stress Management Organizational Development Meaning, Nature, Techniques & Importance.	15
	Total Hours	30

- Jerald Greenberg- Organsiational Behavior, PHI learning Pvt. ltd India 10th Edition.
- Fred Luthans- Organisational Behavior, MC Graw Hill, 10th Edition.
- Gregory Moorhead, Ricy Griffin Biztatra, India 7th Edition.
- Stephen P Robbins-Dorling Kindersley pvt ltd, 15th Edition

Sheth T. J. Education Society's Sheth N.K.T.T College of Commerce and Sheth J.T.T College of Arts,(Autonomous) Thane (W)

Programme Name: All programmes Semester: II

Course Category: Certificate Course (CC)

Name of the Department: Sociology

Course Title: National Service Scheme Paper II

Course Code: As per course structure Course Level:4.5

Type: Theory / Practical

Course Credit: 2 credits (1 credit = 15 Hours for Theory or 30 Hours of Practical work in a

semester)

Hours Allotted: 30 Hours

1. Marks Allotted: 50 Marks

Course Objectives:

- 1. To make aware the students about NSS ideology
- ii. To make students understand Youth Development Program in India and Role of Youth Leaders

Course Outcomes:

- 1. Students will be inspired from social reformer
- 2. Students will understand social issues in India.

Introduction: The NSS introduces students to the concept of voluntary community service as a means of personal development and nation-building. It typically involves engaging in various activities such as environmental conservation, literacy campaigns, health awareness drives, and disaster relief efforts.

Relevance and Usefulness: In today's society, where there is a growing need for civic engagement and social cohesion, the NSS plays a crucial role. It instills a sense of civic duty and social responsibility in young people, empowering them to contribute positively to their communities and society at large.

Application: Through hands-on participation in community service projects, NSS volunteers gain practical experience in leadership, teamwork, problem-solving, and communication skills. They also develop a deeper understanding of social issues and learn how to address them effectively through grassroots initiatives.

Interest and Connection with Other Courses: The NSS intersects with various academic disciplines such as social work, public administration, sociology, and development studies. It provides students with opportunities to apply theoretical knowledge in real-world settings and reinforces the importance of active citizenship and social justice.

Demand in the Industry: Employers increasingly value candidates who demonstrate a commitment to community service and civic engagement. Participation in the NSS signals to potential employers that an individual is socially conscious, proactive, and capable of working collaboratively towards common goals.

Job Prospects: Graduates who have participated in the NSS often find themselves well-equipped for a wide range of career paths. They may pursue roles in the nonprofit sector, government agencies, corporate social responsibility departments, international development organizations, or even entrepreneurship ventures with a social impact focus.

Syllabus: NEP 2020 w.e.f 2024-25

Unit No.	Content	Hours
I	UNIT I: Youth Development	15
	- National Youth Policy	
	- Role and Importance of youth leadership,	
	-Leadership capability and its development,	
II	UNIT II: Social Reformers	15
	- Social Reformers: Mother Teresa, Baba Amte, Dr. Abhay Bang and	
	Dr. Rani Bang.	
	- Role and Responsibility of youth in various activities of N.S.S	
	Total Hours	30

- National Service Scheme Manual (Revised) 2006, Government of India, Ministry of Youth Affairs and Sports, New Delhi.
- 2. University of Mumbai National Service Scheme Manual 2009.
- 3. http://nss.nic.in
- 4. https://www.rccmindore.com/wp-content/uploads/2023/04/NSS-Notes-II.pdf

Scheme of Examination

Internal: 20 Marks External: 30 Marks

Internal	Marks: 20
Assignment	5 marks
Active participation/Attendance	5 Marks
Class test	10 Marks

Paper Pattern for Internal and External Examination

Internal Examination – Class Test

Q.1.MCQ question .

10 marks

External Examination-

Assignment based on Community work.

30 marks

Programme Name: All	Semester: II		
programmes			
Course Category/Vertical: Co-Curricular (CC)			
Name of the Dept: Psychology			
Course Title: Yoga			
Course Code: As mentioned in	Course Level: 4.5		
course structure			
Type: Theory / Practical			
Course Credit: 2 credits			
Hours Allotted: 30 Hours			
Marks Allotted: 50 Marks			
Learning Objectives:			
C v	e of teachings and philosophy of yoga tradition.		
1	oga therapy practices like asana (posture),		
I			
pranayama (voluntarily regulated breath	ing techniques).		
Course Outcomes (CO):			
OC 1. Students will be able to understand the	basic principles and applications of Yoga.		
OC 2. Students will be able to use the Practic	1 1 11		
See 2. Students will be use to use the Fruence	ar knowledge in their day to day inc.		
Description the course: Yoga practices will be important for the			
(Including but not limited to) upcoming lifestyle hence students can seek a			
career in the same. Students will understand			
the importance of yoga in life. Students will			
be having practical exposure. Hence,			
practicing yoga will help students to maintain			
their health.			
their nearth.			

Syllabus: NEP 2020 w.e.f 2024-25

Unit No.	Content	Hours
Ι	Theory of Yoga	10
	A) Yoga Meaning and Definition: Micro Circulatory and Macro Circulatory PracticesB) Shuddhi Kriya: Shwasan Marg Shuddhi, Kapalbhati Meditation: Yoga Nidra	
II	Practical A) Standing Yogasana: Hastapadasana, Urdhva Hastasana, Kati Chakrasana, Sitting Yogasana: Yogmudra Prone Asana: Urdhvamukh Shvanasana, Samkonasana, Supine Yogasana: Utthita Ekpadasana, Supta Ardha Matsyendrasana, Supta Tadasana, Uttan Vakrasana B) Pranayama: Chandrabhyas, Suryabhyas Abdominal Breathing, Thoracic Breathing, Clavicle Breathing	20
	Total Hours	30

References:

- 1. Rajayoga Swami Vivekananda Ramakrishna Ashrama Publications.
- 2. C.D. Sharma: Critical Survey of Indian Philosophy, Motilal Banarsidass Publications 2003
- 3. G. V. Kadam Yoga Life Sutra, Girish Vasant Kadam (2012)

Scheme of Examination

Paper Pattern for External Examination

Practical demonstration of asanas	30 marks
-----------------------------------	----------

Paper Pattern for Internal Examination: 20 Marks

Internal	Marks: 20
Viva	10 marks
Quiz	5 marks
Class Participation	5 marks